



Nestabs® tablets include 14 essential vitamins, minerals, and trace elements to adequately supplement mothers and unborn children.



Nestabs® is nutritionally complete and was carefully formulated using recommendations from the American College of Obstetrics and Gynecology and the Center for Disease Control



Nestabs® is a well tolerated film coated tablet with a pleasant sweet flavor



Nestabs® is a Kosher certified tablet, Gluten free and Vegetarian

Nestabs® DHA Prenatal Multi-vitamin/Mineral Tablets with DHA and Choline

Nestabs® Prenatal Multi-vitamin/Mineral Tablets with Choline

Description: Nestabs® DHA combination tablet-capsule for oral administration is a light pink capsule-shaped film coated tablet with a pleasant sweet flavor with WC001 imprinted on one side of the tablet and a enteric coated light amber soft gel capsule omega-3 fatty acid containing both DHA and EPA.

Nestabs® tablets for oral administration is a light pink capsule-shaped film coated tablet with a pleasant sweet flavor with WC001 imprinted on one side of the tablet.

Each tablet contains:

INGREDIENT	DOSE	% DV*
Vitamin C (Sodium Ascorbate)	120 mg	200%
Vitamin D-3 (Cholecalciferol).....	450 IU	112%
Vitamin E (dl-alpha-Tocopheryl Acetate)	30 IU	100%
Vitamin B-1 (Thiamine HCL).....	3 mg	176%
Vitamin B-2 (Riboflavin).....	3 mg	150%
Niacin (Niacinamide)	20 mg	100%
Vitamin B-6 (Pyridoxine HCL).....	50 mg	2000%
Folic Acid	1000 mcg	125%
Vitamin B-12 (Cyanocobalamin).....	10 mcg	125%
Calcium.....	250 mg	19%
as Formical® (Calcium Formate 230 mg) (Calcium Carbonate 20 mg)		
Iron (Ferrous (II) bis-Glycinate Chelate)	32 mg	178%
Iodine (Potassium Iodide).....	100 mcg	67%
Zinc (Zinc Oxide)	10 mg	67%
Choline (Choline Bitartrate)	55 mg	**

* % Daily Value for Pregnant and Lactating Women ** DV Not Established

Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Povidone, Polyvinyl Alcohol-Partially Hydrolyzed, PEG 3350, Titanium Dioxide, Talc, FD&C Red #40 Aluminum Lake, Saccharin, Carnauba Wax.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.